

Family Service Madison announces the addition of two evidence-based trauma treatment programs!

Trauma Informed-Child Parent Psychotherapy (TI-CPP) is a family-based therapeutic program helping children who are experiencing emotional, behavioral, attachment, and/or mental health problems due to physical or psychological trauma.

Therapeutic sessions include the child and parent or primary caregiver. The treatment goal is to support and strengthen the relationship between a child who has experienced trauma, and his or her caregiver, and improving the child's emotional, behavioral, social and cognitive functioning. The program serves children ages zero to five.

Trauma Focused-Cognitive Behavioral Therapy (TF-C BT) is a treatment approach addressing the unique needs of children with PTSD symptoms, depression, behavior problems, and other difficulties related to traumatic life experiences. The program provides individual sessions for the child and for the parent or caregiver, as well as joint parent-child sessions. The program serves children ages six to seventeen.

To make a referral or for more information contact Michelle at <u>michelleh@fsmad.org</u> or call (608) 316-1180.