CONTROLLING THE STORM: YOUTH BOYS GROUP

This therapist-led group is for young men to develop healthy anger management and impulse control skills. Participants will learn to recognize emotions, understand the connection between thoughts, feelings, and behaviors, and practice coping strategies.

SCAN HERE TO LEARN MORE

June 2026
Thursday's 3pm-4pm
12 Week Group
Location: 128 E Olin Ave, Madison, WI 53713

For Boys ages 10-13 and 13-16 expirencing:

- **Emotional outbursts**
- **Struggles with peers**
- **Impulsive actions**
- **Negative self talk**

Insurance, Self Pay and CCS Accepted!

FAMILY FORWARD
a program of
Family Service Madison